

JOSLYN JOURNAL

November/December 2024



Reboot with Brain Boot Camp
Year-End Giving
Holiday Giving Tree
Friendsgiving Potluck & Holiday Luncheon

A MESSAGE FROM OUR EXECUTIVE DIRECTOR



Embracing Calm During the Holidays A Time for Reflection and Connection

The holiday season, while joyful, can also be challenging for older adults. As we age, the holidays often bring reflection, nostalgia, and sometimes, loneliness. However, even in these moments, there are opportunities for peace, connection, and calm.

Loneliness and Connection

Many seniors experience isolation during the holidays, especially if mobility or health concerns prevent them from traveling. Yet, loneliness doesn't have to define the season. Reaching out to a friend, neighbor, or community group can foster connection. Small, intimate interactions like a phone call or letter can bring warmth. Virtual gatherings and video calls also provide a way to connect with loved ones.

Navigating the "Holiday Blues"

Memories of the past or changes in family dynamics can trigger sadness during this time. Creating new traditions, such as a quiet morning walk or watching a favorite holiday movie, can help shift focus. Sunlight and outdoor activities can also uplift the spirit, combating feelings of depression brought on by shorter, cooler days.

Balance in Tradition

For older adults, maintaining holiday traditions may become difficult due to health or financial concerns. Enjoying cherished dishes while making health-conscious choices and focusing on meaningful, non-material gifts like time and presence can help ease these challenges. Small gestures often mean more than expensive gifts.

Sharing Stories and Simple Connections

The holidays provide an opportunity for seniors to share their life stories and wisdom, connecting generations and preserving family heritage. Simple activities, such as those offered at the Joslyn Center, can help fill the gaps left by distance from family, fostering a sense of belonging.

The holiday season can be a time of reflection, connection, and calm for seniors. By embracing community support, focusing on meaningful traditions, and sharing stories, seniors can find joy amidst the challenges of the season.

Happy Holidays!

Dr. Jay Seller
Executive Director

Boost your memory & brain health



BRAIN BOOT CAMP

2-Session Course
Tuesdays, 1pm-3pm

November 12 & 19
December 3 & 10

\$5 for the complete course

760-895-4656

Pre-registration
is required.

COVER STORY

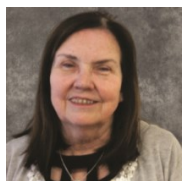
You are probably familiar with rebooting your computer, but how about rebooting your brain? Among the Joslyn Wellness Center offerings is **Brain Boot Camp**, a two-session memory training program developed by Dr. Gary Small, Director of UCLA's Longevity Center. This interactive educational program provides participants with lifestyle strategies and tools to keep their brains vital and healthy.

Brain Boot Camp helps define the differences between normal aging memory losses and abnormal functioning. You will learn how the memory works, techniques that can be used to enhance your memory skills including remembering names, lists, etc., and how to create lifestyle changes that can improve your brain health and physical health.

The two-session course is \$5 per person, increasing to \$10 in 2025. To register, please contact the Wellness Center at 760-895-4656 to join the 970 graduates who have taken the class here so far. Beginning next year, a *Brain Challenge* follow-up course is planned. Stay tuned!

On the cover clockwise from upper right: Norma Delgado, Chris Baltaxe, Jon Holan, Betty Jane Lutes, Bill Britton, Juliana Najar, Donna Nelson, Mary Smith, Jim Smith, Ben Green, Kelley Green, Olga Duff, Lavonne Swanson, Marian Heffley, and Joslyn's *Brain Boot Camp* instructor, Susan Chinskey, LMFT.

A MESSAGE FROM OUR BOARD PRESIDENT



The holiday season is upon us during the months of November and December. In addition to Thanksgiving (11/28) and Joslyn Center's Veterans Day celebration (11/11), November is Native American Heritage Month recognizing the histories, cultures, and contributions of indigenous communities. November observations include such as National Deep Fried Clams Day (11/1) and National Bittersweet Chocolate with Almonds Day (11/7). There are also traditions such as Use Your Common Sense Day (11/4) and Cook Something Bold & Pungent Day (11/7). Don't forget Joslyn's Season Kickoff Cocktail Reception (11/1) and Friendsgiving Potluck (11/8).

Before Daylight Savings officially ends on 11/6, early November includes All Saints' Day & Day of the Dead / Día de los Muertos (11/1), and All Souls' Day (11/2).

Joslyn offers 80+ activities and ten clubs for members in November (every month in season); Bingo, a variety of card games, Table Tennis, Pickleball as well as the Friendsgiving Potluck and Veteran's Day celebrations mentioned above. Please join in with the festivities, activities, and clubs at the center.

There is no shortage of holidays in December. Although major holidays like Christmas (12/25), Hanukkah (12/25–1/2), Kwanzaa (12/26–1/1) and New Year's Eve (12/31) are not until later in the month, the early days are still brimming with observant and awareness days. You can kick off the month by lighting a new candle (National Candle Day, 12/4) and making a batch of brownies (National Brownie Day, 12/8). When it's time to get in the holly-jolly spirit, deck the halls with twinkling lights on National Christmas Lights Day (12/1), bake someone happy on National Cookie Exchange Day (12/22) and belt out favorite Christmas songs on Go Caroling Day (12/20).

Amid the hustle and bustle, take a moment to remember what is at the center of the holiday season: spreading good tidings, cheer, and joy to those around you. Explore volunteer opportunities at Joslyn Center ahead of Intl. Volunteer Day (12/5), and remember to continue with random acts of kindness on National Joy Day (12/7).

I would like for you to grab a pen and start adding these November and December holidays and observances to your calendar. That will guarantee that you will end the year on a high note.

In closing, to quote Dolly Parton's Kindness Project, "Find the Good in Everyone." Pass it on, have wonderful holiday activities and memories for November and December. I hope to see you at some of the upcoming events that I will be attending.

Barbara Mitchell, LCSW
Board President

the joy of



When the holiday shopping season takes hold and we seek meaningful gifts for friends and family, please remember your friends and family at Joslyn Center and consider a year-end charitable contribution.

Tax-deductible donations support programs, services and operating expenses at the largest senior center in the two counties.

No year-end donation is too small, and, in the interest of diversity, equity and inclusion, no donation is too large. To contribute to the well-being of our community, please use the enclosed donation envelope or visit JoslynCenter.org/Donate.

May the holidays bring you joy and may the joy of giving bring happiness to all!



The *Sunday Cabaret Series* is back with a talented lineup of entertainment for the new season. The schedule is through December with more to follow in 2025.

All shows begin at 3:00pm with doors opening at 2:30pm for immediate seating. Admission is \$20, cash only. No reservations are needed and there is ample seating and parking.

For more information or to be added to the mailing list, please email SundayCabaretSeries@gmail.com or visit SundayCabaretSeries.com.

11/3	Angela Delaire	<i>Barbra Streisand Timeless Diva</i>
11/10	Paige Williams & Kelly McLean (The Girlfriends)	<i>Songs from Broadway and Beyond</i>
11/17	Johnny Spinks	<i>This Land is Our Land</i>
11/24	Gina & Kevin	<i>Gina & Kevin Originals</i>
12/1	Kim Schroder Long	<i>Rosemary for Remembrance</i>
12/8	Yve Evans Trio	<i>I'm Getting Nuttin' for Christmas</i>
12/15	Ensemble Cast featuring Chris Bennett	<i>Frankie's Christmas Extravaganza</i>
12/22	Sensational Jewels	<i>Christmas Spectacular</i>
12/29	Marcia Harp	<i>Marcia's Holiday Special</i>
<i>Schedule may be subject to change.</i>		

CLASSES & ACTIVITIES*

Adult Bereavement Group	Monday	9:00am-10:00am	Free
Art & Soul	Monday	10:00am-Noon	Free
Balance Conditioning	Tuesday & Thursday	Noon-1:00pm	\$7
Basketry	Wednesday	10:00am-Noon	free
Belly Dancing	Friday	9:00am-10:00am	Free
Bingo	Tuesday	Noon-3:00pm	\$15 / 10 games
Blood Pressure Screening	Monday	10:30am-11:30am	Free
Bridge Lessons	Tuesday (Beg.) & Thursday (Int.)	10:00am-Noon	\$3
Calisthenics	Tuesday & Thursday	10:00am-11:00am	Free
Canasta (Minnesota)	Monday & Friday	9:00am-Noon or 1:00pm	Free
Caregiver Support Group	Every other Friday	10:00am-11:00am	Free
Deaf / Hard of Hearing Card Club	1st Tuesday of the month	1:00pm-3:00pm	Free
Farmer's Market	2nd & 4th Friday of the month	9:00am-until depleted	Free
Gardening Club	2nd Monday of the month	10:00am-Noon	Free
Group Counseling	Monday	1:30pm-2:30pm	Free
German for Beginners	Thursday	9:00am-10:00am	Free
Get Tech	Friday	9:00am-3:00pm by appt.	Free
Go4Life®	Mon., Wed., Thurs., Fri.	8:00am-9:00am	Free
Guided Meditation	Tuesday	10:30-11:30am	Free
HICAP	1st & 3rd Thursday of the month	9:00am-Noon by appt.	Free
Jewelry Making	Tuesday	Noon-2:00pm	Free
Joslyn Singles	Thursday	1:00pm-3:00pm	Meal Cost
Knit & Crochet Club	Wednesday	9:00am-Noon	\$1
Lawn Bowling Club	Monday, Wednesday, Friday	8:30am-11:30am	Contact Club
Line Dancing	Tuesday	10:00am-11:00am	Free
Mah Jongg - Beg. American	Thursday	1:00pm-3:00pm	Free
Memoir & Creative Writing	Tuesday	1:30pm-3:30pm	\$5
Men's Club	Thursday	1:00pm-3:00pm	Free
Mexican Train Dominoes	Mon., Tues., Wed.	10:00am-Noon	Free
Mindfulness Education	Tuesday (10 sessions)	1:00pm-2:00pm	\$5/course
Monday at the Opera	Monday	1:00pm-4:00pm	Free
Morning Bites	Monday	9:00am-11:00am	Free
Movie Matinee	Wednesday	2:00pm-4:00pm	Free
Nancy's Salon	Monday & Tuesday	By appointment	Donation
New Joslyn Singers	Monday	10:00am - Noon	Free
New Member Orientation	1st Friday of the month	10:00am-11:00am	Free
Penny's Pantry	1st & 3rd Friday	7:30am-until depleted	Free
Pickleball for Beginners	Thursday & Friday	11:00am-3:00pm	Free
Pickleball for Intermediate	Thursday & Friday	11:00am-3:00pm	Free
Pinochle Club	Tuesday	10:00am-1:00pm	Free
Pinochle Lessons	Wednesday	Noon-3:00pm	Free
Prostate Cancer Support Group	Wednesday	2:00pm-3:30pm	Free
Quilters Club	Tuesday	9:00am-Noon	\$1
Resistance Band Exercise	Monday & Wednesday	9:00am-10:00am	Free
Scrabble	Wednesday	Noon-3:00pm	Free
Senior Advocates	1st & 3rd Wednesday of the month	10:00am-Noon by appt.	Free
Spanish for Beginners	Wednesday	1:00pm-2:00pm	Free
Stretching Class	Wednesday	11:00am-Noon	Free
Table Tennis	Monday & Friday	1:00pm-4:30pm	Free
Table Tennis Lessons	Wednesday	1:30pm-3:00pm	Free
Tai Chi	Monday, Tuesday, Wednesday	9:00am-10:00am	Free
Tap Lessons	Monday & Wednesday	2:00pm-4:00pm	\$18
Ukulele Lessons	Tuesday	1:00pm-3:00pm	\$1
Water Media Club	Friday	8:00am-Noon	\$5
Yoga	Tuesday	9:00am-10:00am	\$5

*Classes may be subject to change and are updated regularly on the JoslynCenter.org homepage.

Please contact Alex at 760-895-4652 or AlexG@JoslynCenter.org with class suggestions or for further information.

THANK YOU TO OUR CORNERSTONE CLUB MEMBERS

Hugo Aguas*	Robert & Peggy Leo
Monica & Paul Bambauer	Jo Ann McCabe
Barbara Jean & Gary Bennett	Barbara Mitchell*
Brian Bilhartz*	Lee & Evonne Muse
Linda Blank*	Mellisa Nielsen & Ron Silverman
James Brown	Jack Newby & Pete Parker
Lynn & Richard Buckley / REAP Foundation	Nancy Nowak & William Choplin
Ms. Deko	Gary & Linda Nugent
Marge Dodge	Bonnie Paul
Jeanne "Magic" Fields & Lorna Johnson	Robert Reeder & Marcie Maxwell
Barbara Foster	Jonathan & Carol Rich
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Inland Empire Community Fdn.	Ann Simley*
Barry Kaufman* & Margo Handelsman	Michelle Thueson
John Kiladis	Ed Walsh & Wayne Soucy
Adele Kopko	
Chip Lyman	

*Joslyn Center Board Member

THE CORNERSTONE CLUB supports Joslyn Center programs & services with annual contributions at the following levels with commensurate member benefits:

- Platinum \$3,000 (\$250/mo.) ●Silver \$600 (\$50/mo.)
- Gold \$1,200 (\$100/mo.) ●Bronze \$300 (\$25/mo.)

For as little as \$25 per month, you can be a member of the Cornerstone Club.

For more information, please contact Greg Murphy, Director of Development & Marketing, at 760-895-4651 or GregM@JoslynCenter.org.

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Welcome



**New Member
Orientation**



Friday, Nov. 8th & Friday, Dec. 13th
10:00-11:00am

Call 760-340-3220 to register.

VOLUNTEER SPOTLIGHT - RON & JULIE BIDINGER



Ron and Julie came to Palm Desert from Orange County after retiring in 2017. Ron was in grocery management and Julie in social work. After 50+ years in the work force, they wondered what to do next. Both enjoy interacting with people and customer service, so they would either work part-time, which Ron does once a week, or volunteer. Julie's fondness for seniors and community work led them to the Joslyn Center, where she began volunteering for *Let's Do Lunch*. Julie chose Joslyn after noticing how a senior center could enhance a person's life. In her hometown, she would take her great aunt, who raised her, to the local community center, which got her out of the house and involved. It was a rewarding benefit for her great aunt who was in her 80s at that time.

Julie quickly involved Ron at Joslyn when she was asked to help out with *Wednesday Matinee Movies*, which he gladly agreed to do. Together they enjoy board games, going to the fitness center, socializing with friends and family, TRAVELING, and cooking, and now they include volunteering together at Joslyn and at Habit for Humanity. Ron also enjoys playing bass and trumpet in two local bands, while Julie enjoys antiquing and thrifting. In honor of Julie's great aunt and uncle, and Ron's parents, they dedicated a brick, which is proudly displayed at the entrance to the Joslyn Center.

Julie and Ron have made new friends by volunteering at the movies, enjoy seeing the regular attendee's faces, and meeting all of the new movie buffs. They both say that volunteering here at the Joslyn Center has elevated their lives for more than five years. Thank you, Ron and Julie!



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what we get. We make a
life by what we give.”

~ Winston Churchill

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POTLUCK**



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11:30am-1:30pm

Please sign up at the front desk by
November 4th.

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WELLNESS CENTER FUNDING

The Auen Foundation
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The Riverside County Nonprofit Assistance
Fund, a component fund of the
Inland Empire Community Foundation
The Houston Family Foundation
National Council on Aging
Riverside County
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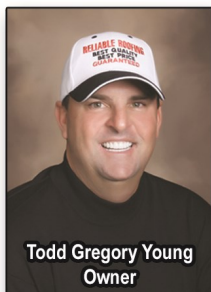
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A MESSAGE FROM THE WELLNESS CENTER



Hello, dear readers, members and guests. I hope this *Joslyn Journal* finds you well. We are now in the Holiday Season which means different things for each of us.

One thing holidays can mean is busyness, and with that, we may be more apt to forget things. Also, with aging, sometimes the memory is less sharp than it used to be. I know that personally. I also know that trying to force myself to remember something simply doesn't work. Rather, trying to relax and assuming the word will come, works better. Likewise, if you retrace your steps, you'll very likely remember, "why did I come into this room?" This is the approach of patience with yourself and, not making a big deal out of forgetting something. When I forget a word mid-conversation, I try to stay composed until the word comes to me. Then, if it doesn't, I find a different way to say it. This really helps in social life and daily activities.

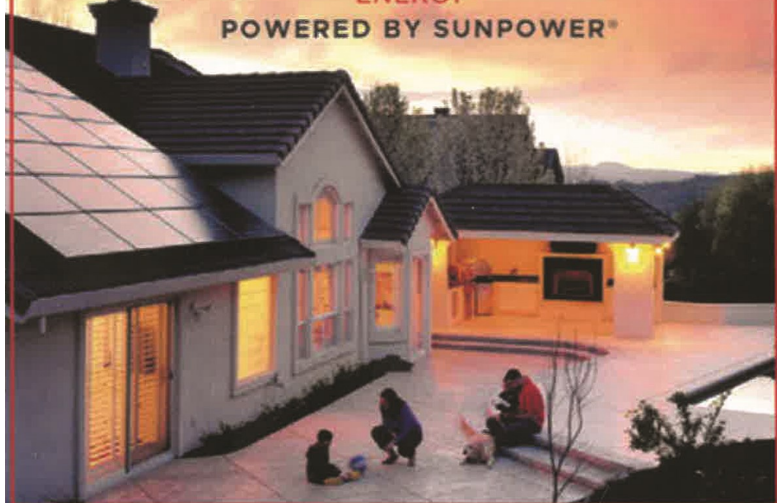
As highlighted on the cover we have a specific program here to help sharpen memory. Many of you have heard of it and many have attended and experienced the improvements. It is called *Brain Boot Camp*, and it truly helps! This 2-session course offers tips, tricks, and teachings to improve memory; all the way from diet to puzzles and more. It has helped many Joslyn members and can work for you too. But until you can sign up for a class (call Jackie directly 760-895-4546), try some simple things in the moment - take a deep breath or two, tell yourself to relax, and be patient and kind with yourself.

The holidays can also mean family, friends, joy, and celebration. But they can also mean a sense of loss or discomfort. If you have unmet needs, please call or come to Joslyn and see what we have to offer. Otherwise, simply try hard to trust and be true to yourself. As much as possible, give all you can, but only as much as you feel comfortable giving. The forerunner of all giving is ensuring that you are as well cared for as humanly possible. Here's a wish that all our holidays are filled with contemplation, joy, safety, and choices that lead toward health and happiness. Until the next newsletter,

Elyse Prack, LCSW
Counseling Supervisor

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8:30am - 11:30am
at the Joslyn Center Bowling Green**

Contact us:

Diane Dykema DJDykema@att.net

310-404-5689

or

Lana Lally LLLally@yahoo.com

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CATEGORY	BUSINESS PARTNER	CONTACT	PHONE	WEBSITE
Accessibility	Accessible Construction	Adam & Olga Jaramillo	310-215-3332	AccessibleConstruction.com
Assisted Living/ Memory Care	Caleo Bay Alzheimer's Care Ctr.	Anthony Aniasco	760-996-2745	SunshineRetirementLiving.com/ caleo-bay-assisted-living-la-Quinta
Funeral & Cremation	Forest Lawn	Eric Sanchez	323-497-7971	FLCoachellaValley.com
Grocery	Palm Desert Grocery Outlet	Keenam & Jennifer Carillo	442-227-2192	GroceryOutlet.com
Healthcare	Alpha Care Medical Group	Summer Alvano	626-776-4512	AlphaCareMed.com
Healthcare	Alzheimers Coachella Valley	Priscilla Kubas	760-776-3100	CVAIzheimers.org
Healthcare	Desert Regional Medical Center	Michele Finney	760-323-6774	DesertCareNetwork.com
Healthcare	Desert Oasis Healthcare	Felice Chiapperini	760-581-5559	myDOHC.com
Healthcare	Eisenhower Health	Brett Klein	760-340-3911	EisenhowerHealth.org
Healthcare	Optum Care Network	Laura Ramirez	760-770-8678	Optum.com
Healthcare	WelbeHealth	Joan Perkins	970-413-2824	Welbehealth.com
Home Care	24hrCargivers	Allen Tahir	760-888-9000	24HourCaregivers.com
Home Care	Bella Terra Home Health & Hospice	Susan Lowe	760-904-6078	BellaTerraHealthcare.com
Home Care	Caring Companions at Home	Diane Mondini	760-771-6263	CaringCompanionsAtHome.com
Home Care	ComForCare	Lawrence Corkin	760-832-6055	ComForCare.com
Home Care	Grandis Care Services	Daniel Cisneros	800-331-6053	GrandisCare.com
Home Care	MS Care LLC	Marie Sokolik	760-574-3175	MSCareInc.com
Insurance	Alignment Health Plan	Stephon Tyson	949-306-7012	AlignmentHelathPlan.com
Insurance	Bilhartz Desert Insurance Agency	Julie Sarmiento	760-835-1651	BilhartzInsurance.com
Insurance	SCAN Health Plan	Ruth Osborn	661-609-3602	ScanHealthPlan.com
Medical	Contour Dermatology	Lee Erwin	760-423-4043	ContourDerm.com
Retirement Living	Amber House Luxury Senior Living	Joanne Pantuso	760-851-4714	AmberHouseSeniorLiving.com
Retirement & Assisted Living	Carlotta-Ivy Signature Living	Monica Orfiano	442-347-5557	IvyLiving.com/TheCarlotta
Roofing	Reliable Roofing	Todd Gregory	760-568-1673	ReliableRoofingByTGY.com
Utility	Southern California Edison	Aaron Thomas	760-202-4293	SCE.com

Annual Business Partner memberships are \$300 (Bronze), \$600 (Silver), and \$1,200 (Gold) with commensurate benefits.

For further information, please visit JoslynCenter.org/Business-Partners or contact Alex Garcia at 760-895-4652 or AlexG@JoslynCenter.org.

BUSINESS PARTNER SPOTLIGHT



BELLA TERRA
HOME HEALTH & HOSPICE

Bella Terra Home Health and Hospice is proud to offer high quality and comprehensive home health, palliative care, and hospice care services to patients in Riverside County, San Bernardino County, and surrounding areas. At the heart of their excellent patient care is a passion for helping people, a commitment to their families, and the teamwork that makes lives better. Their interdisciplinary team of doctors, nurses, physical therapists, occupational therapists, massage therapists, music therapists, speech therapists, social workers, home health aides, chaplains, and volunteers all work together to provide their clients with the best care possible. At Bella Terra, you are part of their family. Please visit BellaTerraHealthcare.com or call 760-904-6070.

A MESSAGE FROM OUR PROGRAM DIRECTOR



Volunteers are the Heartbeat of the Joslyn Center

Nearly half of all adults aged 65 and older volunteer in some capacity—that's more than 15 million people giving their time and talents to improve their communities. At Joslyn Center, our volunteers are the lifeblood of everything we do, and without them, we'd be like chickens running around without a head—busy, but unfocused, trying to keep up with the many programs and services we offer.

It's impossible to overstate the importance of our volunteers. Each month, they contribute an incredible 1,054 hours to keep Joslyn Center running smoothly. From providing daily meals that many of our seniors rely on to ensuring the seamless operation of more than 80 different programs, volunteers are at the heart of it all. Their dedication not only supports the center but makes a profound and lasting difference in the lives of seniors across our community.

Our volunteer base is diverse, made up of seniors, high school students, and everyone in between. These individuals bring skills, energy, and enthusiasm to help seniors, whether it's delivering meals or teaching tech skills. We welcome anyone who has the desire to give back to become part of our vibrant volunteer family.

Judy Sterling, our Volunteer Coordinator, emphasizes two key rules: respect one another and always come to the center with a positive attitude. Our volunteers take this to heart, and their upbeat, welcoming spirit is contagious. It's no wonder that many people who visit us are inspired to join in themselves!

Of all our incredible volunteers, those involved with *Meals on Wheels* hold a special place in our hearts. These volunteers don't just deliver food—they deliver friendship. They go above and beyond, checking in with homebound seniors to ensure they're not feeling isolated or forgotten, offering a listening ear and a caring presence.

If you've ever thought about volunteering but aren't sure if it's for you, just talk to one of our current volunteers. Their stories, enthusiasm, and the difference they make will surely inspire you to join us at Joslyn Center and become part of something truly special. To get started on your volunteer journey, visit JoslynCenter.org/Volunteer.

Alex Garcia
Program Director

SOCIAL SERVICES

MEALS ON WHEELS

Serving Indian Wells, Palm Desert & Rancho Mirage. Fresh meals are delivered Monday-Friday between 9:30am-12:30pm. Frozen meals for weekends and pet food are also available. Inability to pay won't prevent homebound or disabled seniors from receiving meals.

PENNY'S PANTRY FOOD BANK

1st & 3rd Friday, 7:30-9:30am

Nonperishable & unexpired items accepted in lobby

FREE FARMER'S MARKET

2nd & 4th Friday, 9:00-10:30am

Fresh produce from FIND Food Bank

FRIENDLY CALLER PROGRAM / PHONE SAFETY NET

Providing telephone calls to homebound seniors who need support and socialization. Training provided.

For details or to sign up for Meals on Wheels or Telephone Safety Net, please call 760-340-3220 or visit JoslynCenter.org/Social-Services.

THANK YOU FOR ORGANIZATIONAL CAPACITY SUPPORT!

**Inland Empire Community Foundation
Regional Access Project Foundation**

SOCIAL SERVICES GRANTORS

**Agua Caliente Band of Cahuilla Indians
The Barbara Steffens Fund—Meals on Wheels
The Champions Volunteer Foundation
Coachella Valley Wellness Foundation
The Coeta and Donald Barker Foundation
Desert Care Network
Desert Oasis Healthcare
Eisenhower Health
FIND Food Bank
First Foundation Bank
Inland Empire Community Foundation
Jewish Federation of the Desert
The Morongo Band of Mission Indians
R.E.A.P. Foundation
Rotary Club of Rancho Mirage
Rotary Club of Palm Desert
San Manuel Band of Mission Indians
Stater Brothers Charities
Steve Tobin, Johnny Krupa & the Grace Helen
Spearman Charitable Foundation**

Leave a Legacy



Have you included
Joslyn Center in
your estate plans?

For more information,
please contact
Jay Seller at
760-895-4649 or
JayS@JoslynCenter.org



If you or someone you know would benefit from home-delivered meals, please contact Bob Elias at 760-895-4653 or BobE@JoslynCenter.org.

For further information or to apply online, please visit JoslynCenter.org/Meals-on-Wheels.



COVE COMMUNITIES SENIOR ASSOCIATION
THE JOSLYN CENTER

CAFÉ
NOIR



WINE And All That
JAZZ

TUESDAY, JANUARY 14, 2025, 6-9PM
CLASSIC CLUB, PALM DESERT

CHAMPAGNE RECEPTION
5-COURSE WINE PAIRING SUPPER CLUB DINNER
JAZZ ACCOMPANIMENT

\$275 PER PERSON / SPONSORSHIP OPPORTUNITIES
BENEFITING JOSLYN CENTER PROGRAMS & SERVICES
760-895-4654 OR info@joslyncenter.org

[JOSLYNCENTER.ORG/FUNDRAISING-EVENTS](http://joslyncenter.org/fundraising-events)

JOSLYN CENTER LEGACY CIRCLE

Our heartfelt gratitude to the Legacy Circle members for their deep commitment to the Joslyn Center.

Their gifts and generosity will live on forever.

J & D Bird Trust

Dr. Abram I. & Sylvia S. Chasens Endowment Fund*

Ms. Deko

Richard Etts

John & Beverly Fitzgerald Family Trust

Leanna Giugliano*

Chip Lyman

Patricia "Patty" M. Newman Trust

Peter Rittenhouse

Janet R. Selland Trust*

Barbara Steffens / The Barbara Steffens Fund

Bruce Berkemeier Bequest*

LeBlanc Family Trust*

Merritt & Penny Joslyn Estate*

Jennie S. Bohanova Estate*

Mary Patricia Schneller Trust*

**Have you included Joslyn Center
in your estate plans?**

For more information, please contact
Dr. Jay Seller at 760-895-4649 or
JayS@JoslynCenter.org.

**In Memoriam*



Joslyn Singles with Francie

Nov. 7	La Provence, PD	1:00pm
Nov. 14	Le Basil, PD	1:00pm
Nov. 21	TBD	1:00pm
Nov. 28	CLOSED FOR THANKSGIVING	
Dec. 5	Desert Willow, PD	1:00pm
Dec. 12	Si Bon, RM	1:00pm
Dec. 19	TBD	1:00pm
Dec. 26	TBD	1:00pm

**Please contact Francie at 760-310-1942 to RSVP.
Happy Hour / special pricing may be available.
Meet at Joslyn at designated time to join the fun!**

Cove Communities Senior Association
The Joslyn Center
 73-750 Catalina Way
 Palm Desert, CA 92260-2906
 760-340-3220
 JoslynCenter.org

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WEDNESDAY MATINEE MOVIES, 2-4pm

Nov. 6	Beach Blanket Bingo , 1965 Frankie, DeeDee, and the gang meet singing sensation Sugar Kane in a publicity stunt; they all get introduced to skydiving and get caught up in love.
Nov. 13	Moulin Rouge , 2001 Jukebox musical with a dash of <i>La Boheme</i> featuring a poor Bohemian poet in 1890s Paris falling for a beautiful courtesan and nightclub star coveted by a jealous duke.
Nov. 20	Ghost , 1990 After a young man is murdered, his spirit stays behind to warn his lover of impending danger, with the help of a reluctant psychic.
Nov. 27	Midnight in Paris , 2011 While on a trip to Paris with his fiancée's family, a nostalgic screenwriter finds himself mysteriously going back to the 1920s every day at midnight.
Dec. 4	Miracle on 34th St. , 1947 After a divorced New York mother hires a nice old man to play Santa Claus at Macy's, she is startled by his claim to be the genuine article. When his sanity is questioned, a lawyer defends him in court by arguing that he's not mistaken.
Dec. 11	Christmas in Connecticut , 1945 A food writer who has lied about being the perfect housewife must try to cover her deception when her boss and a returning war hero arrive at her "home" for a traditional family Christmas.
Dec. 18	A Christmas Carol , 1984 A bitter old miser who rationalizes his uncaring nature learns real compassion when three spirits visit him on Christmas Eve.
Dec. 25	CLOSED FOR CHRISTMAS

JOSLYN CENTER WILL BE CLOSED IN OBSERVANCE OF SEASONAL HOLIDAYS

Thursday & Friday, November 28 & 29

Tuesday & Wednesday, December 24 & 25

Tuesday, December 31 &
 Wednesday, January 1

HOLIDAY GIVING TREE



The season of giving is upon us and what better way to give than to spread joy to a homebound senior with Joslyn's **Holiday Giving Tree**. Beginning November 22, visit the Center and "adopt" a recipient by selecting an ornament with their name and age and shopping your way through their wish list. Please bring wrapped gifts to Joslyn Center by Friday, December 13 for delivery the next week. For questions, please contact Bob at BobE@JoslynCenter.org or 760-895-4653.

Special thanks to the Cities of Indian Wells, Palm Desert and Rancho Mirage for their ongoing support!